

# HoCare2.0 Pilot

## CASA SICURA

The Casa sicura telemonitoring service of vital parameters and fall events, using wearable and non-wearable devices connected wirelessly to a control unit allows the values to be transmitted to an operations center, which can provide assistance in case of alarm situations.

Moreover a software allows to profile the users, to store and visualize the data, to show analyses of the trends of the monitored parameters.

by  
**Regione Lombardia**

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Senior



Public  
Service  
Provider



HoCare2.0  
Representative



Carer



Researcher

## PARTICIPANTS

13 seniors (81 - 94 years old), 13 family members. All affected by pathologies that require telemonitoring, they are frail and exposed at falling risk.

Members of Co-creation Lab, representing all 4 helixes.

1 expert in gerontology, 3-4 geriatric nurses.

## ACTIVITIES

- Co-creation lab
- Questionnaires provided at different timelaps
- Various level of prototypes
- Roadshows/workshop/training/bilateral meetings
- Testing



## AND THE END?

We need a stonger connection and coordination between the Service center providing courtesy calls and the local provider of public service.

I like the service in general but you should work on features such as e.g. the false alarm.



## WHAT WE LEARNED

- Users recruiting not to be based only on clinical data but also on a qualitative evaluation by professional caregivers
- Training for caregivers should address using new devices and also how to properly involve elders in using new technologies
- Service center providing courtesy and help calls should be trained to approach users with different needs