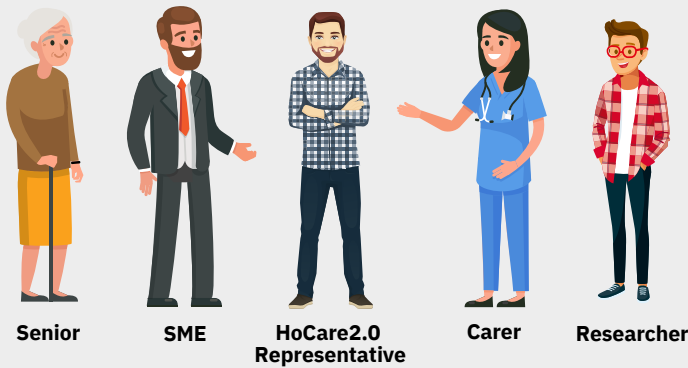


HoCare2.0 Pilot

IDEGO

Idego innovative solution consists of a home cognitive stimulation activity, by means of a tablet that allows a remote operator to provide the service, with innovative methods and with the support of a team of experts. A software assures the user interaction needed, creating a user friendly environment.



PARTICIPANTS

12 seniors, 83 - 90 years old, 12 caregivers. All affected by initial cognitive impairment.
15 partners of the Cremona Co Creation Lab, representing the 4 helixes, one expert in gerontology, 3-4 geriatric nurses
Lombardy Region as a policy partner.

ACTIVITIES

- Mapping
- Guided interviews
- Focus group meetings
- Supporting participants
- Collective intelligence
- Diagrams
- Monitoring progress and balance in the team
- Identifying existing good practices
- Questionnaires
- External experts involvement



AND THE END?

The co-creation approach allowed us to improve the solution during the testing period and we want to use it for future developments.

It takes effort, I prefer to interact in person. I have to be helped by the caregiver.



WHAT WE LEARNED

- To increase the effectiveness of the co-creation method, physical meetings are important for motivating participants in the process.
- For an effective management of the Co-creation lab, it is crucial that the high level of the Quadruple-helix member organisations involved is directly engaged since the beginning of the process.