

HoCare2.0 Pilot

SMART HOMECARE SYSTEM

Smart HomeCare system provides a solution for elderly to live longer and better at home and at the same time provide their formal or informal caregivers a tool to efficiently care for the elderly. It combines advanced touch-screen carephone, safety wristbands and smart pill dispensers. Moreover, the system can be further upgraded by different sensors and health-care measurement devices.



PARTICIPANTS

11 seniors and family members, 61 - 93 years old, living at home or residing at retirement home. Gerontologist, 2 head geriatric nurses and 2 geriatric nurses. Retirement home Kranj.

ACTIVITIES

- Open dialogs
- Interviews
- Citizen walkthrough
- Diary studies
- Sticky notes
- Mind maps
- Online questionnaires



AND THE END?

The feedback and insight from the elderly was very satisfactory. In the future, we will try to incorporate the method even further.

I can help to change the future! However, in online meetings it is difficult to participate and focus.



WHAT WE LEARNED

- Silver generation does not shy away from digital solutions, if they are properly introduced and used. Key element is the right mixture of human contact and digital tools.
- Another important lesson was that significant part of Silver generation, seniors living at their homes, has at least basic digital skills.
- The most important part of the co-creation process is getting the trust of all participants and regular communication with them.