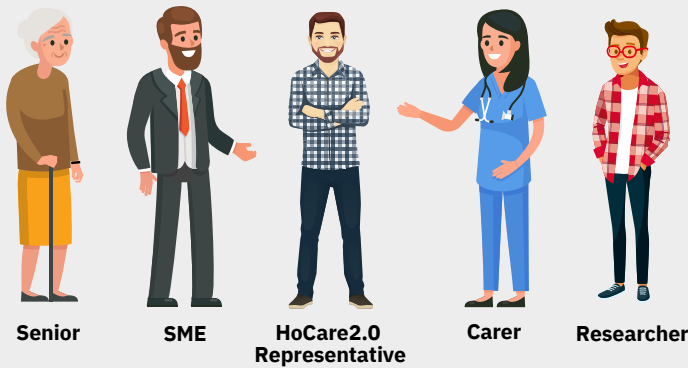


HoCare2.0 Pilot

TINO DTB

The Tino DTB is a digital therapy companion for cancer patients on oral therapy. The app serves as a communication platform between the patient and their personal medical care team. It helps patients to better navigate their therapy, maintain an overview and inform the medical care team in real time about how they are feeling.



PARTICIPANTS

11 seniors and 11 family members, 65 - 85 years old, most in good health, some normal age-related complaints, some chronic diseases.
3 partners from each helix
3-4 gerontologists or geriatric nurses
University Hospital Dresden.

ACTIVITIES

- Diary study
- Shadowing
- Guided interview
- Citizen walkthrough
- Involvement of extreme users
- Online-questionnaires
- Mind maps
- Diagrams



AND THE END?

We were highly impressed about the valuable feedback we received from participants and want to use the method in future as well.

It is great that my suggestions were taken into account. I was well informed and knew from the beginning what the solution was good for.



WHAT WE LEARNED

- If possible, regular physical meetings are important for motivated participants in the co-creation process.
- Regularity plays an essential role in the co-creation process in general and especially in working with seniors.
- Meetings should always start with a short summary of what has already happened to pick up the participants and focus attention on the task ahead.